



A guide for Inkberrow Parents and Carers

Illness & Absence from School

When your child is unwell it can be difficult deciding whether to keep them off school. This guide contains information about **common illnesses** your child might have, guidance on **whether or not you should bring them into school**, and **how to contact school** to advise of your child's absence.

MY CHILD WILL BE ABSENT — WHAT DO I DO?



Please phone school ASAP, and no later than 9:15am, to leave a message on the absence line.

01386 792284

Option 1 - Absence Line



STATE YOUR CHILD'S NAME AND CLASS, THE REASON FOR THE ABSENCE, AND HOW LONG YOU EXPECT THEM TO BE OFF SCHOOL.

It is important you contact the school office directly—do not rely on staff at the gate passing on verbal messages to the office. If we do not hear from you, you will be contacted by the school office. If contact is not made a home visit may be carried out by and/or a member of staff of our Senior Leadership Team.



The NHS advise that a high temperature (fever) in children is anything **over 38°C**



CAN MY CHILD HAVE MEDICATION IN SCHOOL?

Please be aware we can only give your child medicine if:

1) it is **prescribed**

AND

2) you have completed an '**agreement for school to administer prescribed medication**' form (available from the office).



We are unable to give your child any other medication (such as Calpol) and children are not, under any circumstances, allowed to keep medication for self-administration in their bags — however, if you wish to come into school to give the medicine yourself we will be happy to help arrange this. Please also remember that, due to the significant choking hazard they present, cough sweets are not allowed in school at any time.

For further information about how parents and carers can work with school and Worcestershire Local Authority to support their child's attendance, follow the link to a short guide written by members of the Attendance Action Alliance, together with the Department for Education.

<https://www.childrenscommissioner.gov.uk/back-into-school/resources-for-families/>

More Info

DAYS TO BE KEPT AWAY FROM SCHOOL AS RECOMMENDED BY PUBLIC HEALTH ENGLAND

Rashes and skin infections: *Children with rashes should be considered infectious and assessed by their doctor.*

Athlete's foot	None. Children will be required to keep socks on during inside PE lessons.
Chicken pox	5 days from onset of rash AND until all blisters have crusted over.
Cold sores	None.
German measles (Rubella)	Stay off school for 5 days from appearance of rash.
Hand, foot and mouth	Children can return once they are feeling better. They do not need to stay off until the blisters have healed.
Impetigo	Children can return to school once sores are crusted and healed, or 48 hours after commencing antibiotics.
Measles	Children can return to school 4 days from onset of rash and feeling well enough.
Ringworm	None. Treatment is needed.
Scabies	Can return to school after first treatment.
Slapped cheek	None (once rash has developed).
Shingles	While rash is weeping please keep your child off school.
Scarlet fever	Children can return 24 hours after starting antibiotics. If no antibiotics are taken the child should be excluded until resolution of symptoms.
Warts and verrucae	None.

Diarrhoea and vomiting:

Diarrhoea and/or vomiting	Children should not return to school until at least 48 hours from the last episode of sickness or diarrhoea.
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Respiratory infections, including COVID-19:

Flu	Until recovered.
Whooping cough (pertussis)	48 hours from commencing antibiotic treatment, or 21 days from start of illness if no antibiotic treatment given.
COVID-19	Children should not attend if they have a high temperature and are unwell. Individuals who have a positive test for COVID-19 should not attend the setting for 3 days after the day of the test.

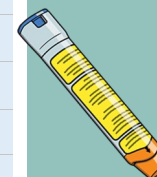
Other infections:

Conjunctivitis	None, but treatment before returning to school is recommended to help ease discomfort for your child.
Glandular fever	Exclusion is not required and children can return once they feel well.
Head lice	To prevent further spread it is recommended that your child return to school once treatment has been applied.
Mumps	Children can return to school 5 days from start of swelling, if they are feeling well.
Threadworm	None. Treatment recommended for child and household.
Tonsillitis	None. In most cases antibiotics are not needed.

ASTHMA If your child has been diagnosed with Asthma please ensure we have a working, in-date inhaler, clearly labelled with their name on in school and you have completed the relevant forms. At school, we have a Salbutamol inhaler, which can be administered in an emergency, however **ONLY** if you have completed and signed the appropriate consent form. If your child's asthma is severe a personalised care plan will be devised and shared with you for your signature and consent.



ALLERGIES If your child has a known allergy, or develops a new suspected intolerance, please ensure we are informed ASAP. If this is severe and your child requires an EpiPen to be kept in school, a personalised care plan will be devised and shared with you for your signature and consent. It is parents responsibility to ensure that all medication kept on site are in-date.



MEDICAL APPOINTMENTS

We encourage parents/carers to make medical appointments outside of school hours, however we understand that this might not always be possible, i.e. hospital appointments which are often difficult to rearrange, or emergency appointments. We ask that advance notice is given when taking a child out of school for an appointment. Please leave a message on the absence line (01386 792284) or send the relevant details in an email to the school office (office@inkberrowprimary.worcs.sch.uk).



SUPPORT

If you would like to share any health related concerns which are likely to impact your child's regular attendance at school, please come and have a chat with **Mrs Nock**, our school Pastoral Support Worker or **Mrs McPherson**, Deputy Head Teacher or **Mr. Duggan** Head Teacher

