



Inkberrow Primary School

PSHE Medium Term Planning - Swans

Highlighted lesson = safeguarding related

	Rights and Respect	Keeping Safe	Me and My Relationships	Valuing Differences	Being My Best	Growing and Changing	
Health and Well-Being	1. Who helps us stay healthy and safe?	1. Danger, risk or hazard? 3. Keeping ourselves safe 4. Raising challenge (2) 5. Picture Wise 6. Medicines: check the label (o) Know the norms	4. An email from Harold! (o) When feelings change 6. Under pressure		3. SCARF Hotel	1. Moving house 2. My feelings are all over the place! 3. All change! 4. Preparing for changes at puberty	
Relationships		2. How dare you!	1. Human machines 2. Ok or not ok? (part 1) 3. Ok or not ok? (part 2) 5. Different feelings	1. Can you sort it? 2. What would I do? 5. Friend or acquaintance? 6. Islands	1. What makes me ME! 2. Making choices	5. Secret or surprise? 6. Together	
Living in the Wider World	2. It's your right 3. How do we make a difference? 4. In the news! 5. Safety in numbers 6. Why pay taxes? (op) Logo quiz (op) Harold's expenses				3. The people we share our world with 4. That is such a stereotype!	4. Harold's Seven Rs 5. My school community (1) 6. Basic first aid	
No Outsiders	Along Came a Different	Dogs Don't Do Ballet	Red: A Crayon's Story	Blanket Bears	Old Friend	Julian Is A Mermaid	