



**Inkberrow Primary School**  
**PSHE Medium Term Planning - Wrens**  
 Highlighted lesson = safeguarding related

	<b>Me and My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing</b>
<b>Health and Well-Being</b>	1.All about me 2.What makes me special 5.My Feelings 6.My Feelings 2	1.I'm special, you're special 2.Same and different	1.What's safe to go on my body 2.Keeping myself safe – What's safe to go into my body (inc. medicines) 3.Safe indoors and outdoors 4.Listening to my feelings		1.Bouncing back when things go wrong 2.Yes, I can! 3.Healthy eating 4.A healthy mind 5.Move your body 6.A good night's sleep	5.Getting Bigger 6.Me and my body – girls and boys
<b>Relationships</b>	3.Me and my special people	5.I am caring 6.I am a friend		1.Looking after my special people 2.Looking after my friends		4.Where do babies come from?
<b>Living in the Wider World</b>	4.Who can help me?	3.Same and different families 4.Same and different homes	5.Keeping safe online 6.People who help keep me safe	3.Being helpful at home and caring for our classroom 4.Caring for our world 5.Looking after money (2 lessons)		1.Seasons 2.Life stages – plants, animals, humans 3.Life Stages: Human life stages – who will I be?
<b>No Outsiders</b>	You choose	Red Rockets, Yellow Jelly	Hats of Faith	The Family Book	Mommy, Mama and Me	Blue Chameleon